



SLEEP MEDICINE CENTERS  
*of Western New York*

# Guide to Sleep Disorders Coverage in WNY

Sleep Medicine Centers of WNY offers this comprehensive guide to health and prescription coverage in Western New York, with specific information about health-prescription care for those with sleep disorders.

- ✓ Private health insurance plans
  - ✓ Public health insurance programs
    - ✓ Prescription coverage plans
      - ✓ Prescription drug programs
      - ✓ Social Security
      - ✓ Additional patient resources



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# SHOPPING FOR HEALTH CARE

Finding and maintaining appropriate health coverage can be a daunting task—even in the absence of a sleep disorder or chronic health condition. This guide provides a comprehensive, though not exhaustive directory of health coverage resources in Western New York. Website links and telephone numbers provide quick reference to health insurance companies, prescription plans, and public health programs.



## THE HIGH COST OF SLEEP

Sleep disorders care might be as simple as a visit to your doctor. More commonly, though, it involves a referral to a sleep center for a sleep study followed by additional care. Depending on the type and degree of sleep disorder, you might require medication, behavioral/psychotherapy, a C-Pap machine, or surgery. The Sleep Medicine Centers of WNY: **Guide to Sleep Disorders Coverage in WNY** complements a general healthcare resource directory with information about prescription and financial resources available specifically for the diagnosis and management of sleep conditions. *This booklet will be updated on a yearly basis.*

This booklet is divided into seven sections:

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# SLEEP MEDICINE CENTERS

*of Western New York*

## I. PRIVATE HEALTH INSURANCE

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**Name:** Aetna  
**Phone:** (860)273-0123 or  
(800)my-health  
**Web:** [www.aetna.com](http://www.aetna.com)

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**Name:** Bene-Care, Inc.  
**Phone:** (800)333-1673  
(585)654-8971  
**Web:** [www.bene-care.com](http://www.bene-care.com)

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**Name:** Blue Cross Blue Shield  
of Western New York  
**Phone:** Member Services:  
(800)544-2583 or  
(716)884-2800  
**Web:** [www.bcbswny.com](http://www.bcbswny.com)

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**Name:** Excellus Blue Cross  
Blue Shield  
**Phone:** Member Services:  
(800)847-1200 or  
(585)325-3630  
**Web:** [www.excellusbcbs.org](http://www.excellusbcbs.org)

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**Name:** Fidelis  
**Phone:** (888)FIDELIS or  
(888)343-3547  
**Web:** [www.fideliscare.org](http://www.fideliscare.org)

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**Name:** Group Health Incorporated  
(GHI)  
**Phone:** (800)444-2333  
**Web:** [www.ghi.com](http://www.ghi.com)

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**Name:** HIP Health Plan of  
New York

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**Phone:** (800)HIP-TALK or  
(800)447-7187  
**Web:** [www.hipusa.com](http://www.hipusa.com)

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**Name:** Independent Health  
**Phone:** (716)631-5392 or  
(800)453-1910  
**Web:** [www.independenthealth.com](http://www.independenthealth.com)

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**Name:** MVP Health Care  
**Phone:** (888)MVP-MBRS.  
(687-6277)  
**Web:** [www.mvphealthcare.com](http://www.mvphealthcare.com)

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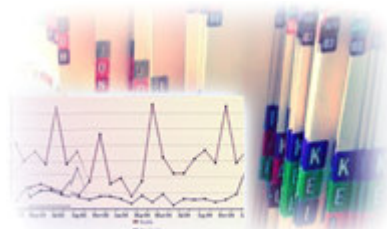
**Name:** North American  
Health Plans  
**Phone:** (800)828-6922 or  
(716)446-5500  
**Web:** [www.nahp.com](http://www.nahp.com)

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**Name:** United Healthcare  
**Phone:** (800)339-5380 or  
(315)433-5700  
**Web:** <http://unitedhealthcare.com>

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**Name:** Univera Healthcare  
**Phone:** (800)427-8490 or  
(716)847-0881  
**Web:** [www.univerahealthcare.com](http://www.univerahealthcare.com)



## II. PUBLIC HEALTH SERVICES

The following public health programs provide health insurance services to those with limited financial resources:

**Name:** Medicare

**Phone:** (800)MEDICARE(633-4227)

(212)616-2205 NYS Regional Office

**Web:** [www.medicare.gov](http://www.medicare.gov)

**Services:** Medicare is a federal health insurance program for those 65 or older or who receive Social Security Disability and who do not otherwise have health insurance.

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**Name:** Centers for Medicare and Medicaid Services (CMS)

**Phone:** (800)633-4227

**Web:** [www.cms.hhs.gov](http://www.cms.hhs.gov)

**Services:** The CMS administers the Medicare Program and works with the States to administer Medicaid. The CMS website offers extensive information about Medicare and Medicaid. See *CMS Formulary Finder* under "Prescription Plans" for more about Medicare Prescription coverage.

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**Name:** Medicaid

**Phone:** (716)858-8000 or  
(800)541-2831

**Web:** [www.health.state.ny.us/  
health\\_care/medicaid/](http://www.health.state.ny.us/health_care/medicaid/)

**Services:** Medicaid is a state-sponsored health insurance plan that provides free medical coverage to those who meet certain income, age, resource, or disability requirements.

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**Name:** Family Health Plus(FHP)

**Phone:** (877)-9FHPPLUS or  
(877)934-7587

**Web:** [www.health.state.ny.us/  
nysdoh/fhplus](http://www.health.state.ny.us/nysdoh/fhplus)

**Services:** FHP is a state-sponsored health insurance plan for adults who do not have health insurance but who have income or resources too high to qualify for Medicaid.

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**Name:** Child Health Plus (CHP)

**Phone:** (800)698-4543

**Web:** [www.health.state.ny.us/  
nysdoh/chplus/](http://www.health.state.ny.us/nysdoh/chplus/)

**Services:** CHP is a state-sponsored health insurance plan for children of families who do not have health insurance but who have income or resources too high to qualify for Medicaid.

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**Name:** Healthy NY

**Phone:** (866)432-5849

**Web:** [www.ins.state.ny.us/website2/  
hny/english/hny.htm](http://www.ins.state.ny.us/website2/hny/english/hny.htm)

**Services:** Healthy NY is a state-funded insurance program that offers low-cost health insurance to working adults who have no health insurance but who have income or resources too high to qualify for Family Health Plus. Eligibility requirements and income levels apply.



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## III. PRESCRIPTION COVERAGE PLANS

If your health plan does not include prescription coverage, check with your provider to see if you qualify for a plan that does. Otherwise, the prescription plans below may be of help.

**Name:** EPIC

**Phone:** (800)332-3742

**Web:** [www.health.state.ny.us/health\\_care/epic/index.htm](http://www.health.state.ny.us/health_care/epic/index.htm)

**Services:** The Elderly Pharmaceutical Insurance Coverage program is a New York State sponsored prescription plan for senior citizens who have little or no prescription coverage, and who meet certain income and eligibility requirements.

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**Name:** CMS Formulary Finder

**Phone:** (877)267-2323

**Web:** <http://formularyfinder.medicare.gov/formularyfinder/selectstate.asp>

**Services:** A resource within the Center for Medicare and Medicaid Services that provides a search tool for finding Medicare prescription plans in New York State that match a personal drug list. CMS also offers a PDF guide to Medicare prescription programs: *See Centers for Medicare and Medicaid under "Public Health Services" for more about Medicare.*

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**Name:** Partnership for Prescription Assistance

**Phone:** 1-888-4PPA-NOW

(1-888-477-2669).

**Web:** [www.pparx.org/intro.php](http://www.pparx.org/intro.php)

**Services:** The PPA is an online tool that directs patients to public and private patient assistance programs according to their prescription needs, income, and other eligibility criteria.

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**Name:** Rx Hope

**Phone:** none

**Web:** [www.rxhope.com](http://www.rxhope.com)

**Services:** A privately held company (not supported by a drug manufacturer) that matches patient information against available federal, state and charitable prescription drug programs. Also provides physician and advocate services.

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**Name:** Together Rx Access

**Phone:** (800)444-4106

**Web:** [www.togetherrxaccess.com](http://www.togetherrxaccess.com)

**Services:** Provides prescription discount cards to enrollees who meet income and eligibility requirements. Cards offer savings of 25-40% on prescription and generic drugs.

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## IV. PRESCRIPTION DRUG PROGRAMS

Prescription drug manufacturers sometimes offer prescription coverage specifically for the drugs they produce. This list reflects a comprehensive, though not exhaustive list of prescription drug programs for medications sometimes prescribed for sleep disorders or medical problems affecting sleep.

*\*The drugs listed for each program reflect those sometimes used in the treatment of sleep or related disorders. Not all drugs offered by each program are listed in this directory. For a list of all medications covered by a program, visit the program website.*

**Name:** Abbott Patient Assistance Programs

**Phone:** (800)222-6885

**Web:** [http://abbott.com/citizen\\_ship/access/pap.cfm](http://abbott.com/citizen_ship/access/pap.cfm)

**Services:** Offers prescription coverage for more than 40 brand name medications produced by Abbott Laboratories.

**Drugs:** Depakote

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**Name:** Adderall XR Patient Assistance Program

**Phone:** (866)325-8229

**Web:** [www.needymeds.com/programs/adderall.html](http://www.needymeds.com/programs/adderall.html)

**Services:** Provides coverage for Adderall XR to patients without pharmaceutical coverage who meet certain income requirements.

**Drugs:** Adderall

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**Name:** Boehringer Ingelheim Cares Foundation

**Phone:** (800)556-8317

**Web:** <http://us.boehringer-ingelheim.com/about/philanthropy/philanthropy.html>

**Services:** Makes products available to patients without pharmaceutical coverage who meet certain income requirements.

**Drugs:** Mirapex

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**Name:** Bridges To Access

**Phone:** (800)332-3742 or  
1(866)PATIENT:  
(1-866-728-4368).

**Web:** [www.bridgestoaccess.gsk](http://www.bridgestoaccess.gsk)

**Services:** Provides access to a host of Glaxo-Smith Kline drugs to patients without prescription coverage who meet income requirements.

**Drugs:** Dexedrine, Paxil, Requip, Wellbutrin

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**Name:** Bristol-Meyers Squibb Patient Assistance Foundation

**Phone:** (800)736-0003

**Web:** [www.bmspaf.org](http://www.bmspaf.org)

**Services:** Offers prescription coverage for more than 20 brand name medications produced by Bristol-Meyers Squibb.

**Drugs:** Sinemet

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**Name:** Connection to Care

**Phone:** (800)707-8990

**Web:** <http://www.pfizer.com/pfizer/subsites/philanthropy/access/connection.care.index.jsp>

**Services:** Provides free Pfizer medications to patients who meet income and eligibility requirements.

**Drugs:** Zoloft, Neurontin

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**Name:** Johnson & Johnson Patient Assistance Program

**Phone:** (888)4PPA-NOW

**Web:** [www.jnj.com/our\\_company/healthcare\\_issues/index.html](http://www.jnj.com/our_company/healthcare_issues/index.html)

**Services:** Provides Johnson & Johnson prescription medications through direct mail or prescription cards. Patients must not have prescription coverage and meet income requirements.

**Drugs:** Concerta

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**Name:** Lily Cares Foundation Patient Assistance Program

**Phone:** (800)545-6962 or (800)488-2133

**Web:** [www.lilycares.com/index.jsp](http://www.lilycares.com/index.jsp)

**Services:** Provides Johnson & Johnson prescription medications through direct mail or prescription cards. Patients must not have prescription coverage and meet income requirements.

**Drugs:** Prozac, Strattera

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**Name:** Mallinckrodt Patient Assistance Program

**Phone:** (800)259-7765 opt. 2 or (405)525-5238.

**Web:** [www.needymeds.com/programs/mallinckrodt.html](http://www.needymeds.com/programs/mallinckrodt.html)

**Services:** Pays 40% of the cost of Restoril capsules for patients with no prescription coverage for the medication and who meet income requirements.

**Drugs:** Restoril, Tofranil

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**Name:** NORD Medicine Assistance Programs

**Phone:** Tollfree: (800)999-6673 (voicemail only) or (203)744-0100

**Web:** <http://www.rarediseases.org/programs/medication>

**Services:** Offers Medication Assistance Programs for rare disorders, among other services.

**Drugs:** Provigil, Xyrem

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**Name:** Novartis Patient Assistance Program

**Phone:** (800)277-2254

**Web:** [www.pharma.us.novartis.com/novartis/pap/pap.jsp](http://www.pharma.us.novartis.com/novartis/pap/pap.jsp)

**Services:** Provides coverage for several Novartis drugs.

**Drugs:** Ritalin, Tegretal, Trileptal

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**Name:** Pfizer Helpful Answers

**Web:** [www.pfizerhelpfulanswers.com/](http://www.pfizerhelpfulanswers.com/)

**Services:** an online tool for finding prescription drug programs available for more than 100 Pfizer medications.

**Drugs:** Dilantin, Neurontin, Somavert, Spiriva, Xanax, Zolof

**Name:** Provigil Assistance Program (PAP)

**Phone:** (800)675-8415

**Web:** [www.provigil.com/patient/reimbursement/assistance.aspx](http://www.provigil.com/patient/reimbursement/assistance.aspx)

**Services:** Sponsored by Cephalon, the PAP provides prescription coverage for the drug Provigil (modafinil) to uninsured or underinsured patients with limited financial resources. Provigil is used to treat narcolepsy and specific types of daytime tiredness.

**Drugs:** Provigil

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**Name:** Roche Labs Patient Assistance Program

**Phone:** (877)75ROCHE

**Web:** [www.rocheusa.com/programs/patientassist.asp](http://www.rocheusa.com/programs/patientassist.asp)

**Services:** Provides Roche medications free to patients who lack prescription coverage and the means to pay for their Roche prescriptions.

**Drugs:** Klonopin

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**Name:** Rx Outreach Medications

**Phone:** (800)769-3880

**Web:** [www.rxoutreach.com](http://www.rxoutreach.com)

**Services:** For individuals/families who meet income requirements. Offers prescription coverage for approximately 55 generic prescription drugs for a fee of \$18.00 for a 3 month supply.

**Drugs:** Trazodone, Nortriptyline, Buspirone

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**Name:** Sanofi-Aventis Patient Assistance Program

**Phone:** (866)325-8233 or (800)221-4025.

**Web:** [www.contactus.sanofi-aventis.us/contactcenter/PatientAssistance.jsp](http://www.contactus.sanofi-aventis.us/contactcenter/PatientAssistance.jsp)

**Services:** Prescription coverage for several Sanofi-Aventis drugs is provided to patients at or below the federal poverty level with no prescription coverage.

**Drugs:** Ambien

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**Name:** Xubex Pharmaceutical Services

**Phone:** (866)699-8239

(407)478-2663

**Web:** [www.xubex.com](http://www.xubex.com)

**Services:** Offers prescription coverage for certain generic prescription medications to patients with no prescription coverage who meet income requirements. Minimal processing fee for applications and renewals.

**Drugs:** Carbamazepine, Buspirone, Clonazepam, Clonidine, Elavil, Temazepam, Trazodone

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**Name:** Xyrem Patient Assistance Program

**Phone:** (866)997-3688

**Web:** [www.rarediseases.org/programs/medication](http://www.rarediseases.org/programs/medication)

**Services:** Xyrem manufacturer Orphan Medical provides medications through direct mail to patients with no prescription coverage for the drug Xyrem who also meet income guidelines.

**Drugs:** Xyrem



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## V. SOCIAL SECURITY

Benefits offered by the Social Security Administration are complex and evolving. Contact the Social Security Administration if you are disabled or of retirement age to investigate available healthcare and other benefits.



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**Name:** The Social Security Administration

**Phone:** (800)772-1213

**Web:** [www.ssa.gov](http://www.ssa.gov)

**Services:** The Social Security Administration provides retirement, disability, and survivor's benefits to eligible Americans. Social Security eligibility often ensures eligibility for Medicare or related healthcare programs.

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**Name:** Social Security Disability Benefits

**Web:** [www.ssa.gov/d&s1.htm](http://www.ssa.gov/d&s1.htm)

**Services:** Online Social Security Disability qualification tool .

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## *Health Coverage Tips*

☯ If you already have health insurance, check with your carrier about programs that better suit your needs and budget.

☯ Determine your healthcare priorities:

- ⇒ What is the maximum amount of money I can afford to pay?
- ⇒ How often do I need to see a doctor? A specialist?
- ⇒ What are my prescription costs?



# VI. ADDITIONAL RESOURCES

## SLEEP APNEA

**American Homepatient, Inc.** CPAP therapy and related respiratory care, among other home health services.

**Phone:** (716)681-2242

**Address:** 6350 Transit Rd, Depew, NY

**Web:** [www.ahom.com](http://www.ahom.com)

**Apnea Care, Inc.** CPAP therapy and related respiratory therapy services.

**Phone:** (716)923-2727

**Address:** 4090 Seneca St, W. Seneca, NY

**Home Respiratory Care** CPAP therapy and related respiratory services.

**Phone:** (716)675-6500

**Address:** 1900 Ridge Rd. Ste 13, W. Seneca NY

**Complete Homecare, Inc.** Respiratory equipment and care.

**Phone:** (716)694-2253 or (800)240-3188

**Address:** 60 Broad St., Tonawanda NY

**Web:** [www.completehomecare.com](http://www.completehomecare.com)

**VNA of WNY, Inc.** Home nursing services, including respiratory care.

**Phone:** (716)635-0101

**Address:** 2100 Wehrle Dr., Williamsville NY

**Child and Family Services** Clinical, educational, and financial programs for parents and their children. (716)842-2750

**Crisis Services** Crisis Service and Suicide Prevention. (716)834-3131 [www.crisisservices.org](http://www.crisisservices.org)

**Epilepsy Association of WNY** Epilepsy Services. (716)883-5403 [www.epilepsywny.org](http://www.epilepsywny.org)

**Erie County Dept. of Health and Human Services** Directory of more than 3000 area health and human service organizations. (716)851-5555 [www.wnyservices.org](http://www.wnyservices.org)

**Erie County Dept. of Social Services** Directory of area social service programs. (716)858-8000 [www.erie.gov/depts/socialservices](http://www.erie.gov/depts/socialservices)

**United Way Agency Database** Comprehensive list of area United Way agencies. [www.volunteersolutions.org/uwbec/org/dir-a1.html](http://www.volunteersolutions.org/uwbec/org/dir-a1.html)



## Prescription Coverage Tips

☯ Ask your insurance provider if you qualify for a health plan that covers your medication.

☯ Know the name of the manufacturer of your prescription drugs.

☯ Contact the manufacturer of your medications and ask if they sponsor any Patient Assistance Programs.

☯ Determine your healthcare priorities:

⇒ What is the maximum amount of money I can afford to pay?

⇒ How often do I need to see a doctor? A specialist?

⇒ What are my prescription costs?



# SLEEP MEDICINE CENTERS

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## VII. WNY HOSPITALS

### **Bertrand Chaffee Hospital**

224 East Main St, Springville NY 14141  
(716)592-2871  
[www.communityalliance.org/hospitals/bertrand.htm](http://www.communityalliance.org/hospitals/bertrand.htm)

### **Brooks Memorial Hospital**

529 Central Ave, Dunkirk NY 14048  
(716)366-1111  
[www.brookshospital.org](http://www.brookshospital.org)

### **Buffalo Psychiatric Center**

400 Forest Ave, Buffalo NY 14213  
(716)885-4852

### **The Buffalo General Hospital**

100 High Street, Buffalo NY 14203  
(716)859-5600  
[www.bgh.kaleidahealth.org](http://www.bgh.kaleidahealth.org)

### **DeGraff Memorial Hospital**

445 Tremont Street, N. Tonawanda, NY 14120  
(716)694-4500  
[www.degraff.kaleidahealth.org](http://www.degraff.kaleidahealth.org)

### **Erie County Medical Center**

462 Grider Street, Buffalo NY 14215  
(716)898-3000  
[www.ecmc.edu](http://www.ecmc.edu)

### **Kenmore Mercy Hospital**

2950 Elmwood Avenue, Kenmore NY 14217  
(716)447-6100  
[www.chsbuffalo.org/body.cfm?id=49](http://www.chsbuffalo.org/body.cfm?id=49)

### **Mercy Hospital of Buffalo**

465 Abbott Road, Buffalo NY 14220  
(716)826-7000  
[www.chsbuffalo.org/body.cfm?id=50](http://www.chsbuffalo.org/body.cfm?id=50)

### **Millard Fillmore Gates Circle Hospital**

3 Gates Circle, Buffalo NY 14209  
(716)887-4600  
[www.gates.kaleidahealth.org](http://www.gates.kaleidahealth.org)

### **Millard Fillmore Suburban Hospital**

1540 Maple Road, Williamsville NY 14221  
(716)568-3600  
[www.suburban.kaleidahealth.org](http://www.suburban.kaleidahealth.org)

### **Niagara Falls Memorial Hospital**

621 Tenth St, Niagara Falls NY 14302  
(716)278-4000  
[http://nfmhc.org/document\\_1.html](http://nfmhc.org/document_1.html)

### **Sisters of Charity Hospital**

2157 Main Street, Buffalo, NY 14214  
(716)862-1000  
[www.chsbuffalo.org/body.cfm?id=53](http://www.chsbuffalo.org/body.cfm?id=53)

### **St. Joseph's Hospital**

2605 Harlem Road, Cheektowaga NY 14225  
(716)891-2400  
[www.chsbuffalo.org/body.cfm?id=52](http://www.chsbuffalo.org/body.cfm?id=52)

### **Roswell Park Cancer**

Elm and Carlton Streets, Buffalo NY 14263  
(877)ASK-RPC1  
[www.roswellpark.org](http://www.roswellpark.org)

### **VA Medical Center**

3495 Bailey Ave, Buffalo NY 14215  
(716)834-9200  
[www1.va.gov/visns/visn02/buffalo.html](http://www1.va.gov/visns/visn02/buffalo.html)

### **Women and Childrens Hospital of Buffalo**

219 Bryant Street, Buffalo NY 14222  
(716)859-5600  
[www.bgh.kaleidahealth.org](http://www.bgh.kaleidahealth.org)

## OTHER

### **Center for Hospice and Palliative Care**

225 Como Park Blvd, Cheektowaga NY 14222  
(716)686-1900  
[www.palliativecare.org](http://www.palliativecare.org)



SLEEP MEDICINE CENTERS  
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## Sleep Disorders:

⇒ Care

⇒ Education

⇒ Research

### Three locations in Western New York:

Amherst Sleep  
Medicine Center  
1120 Youngs Road  
Amherst, NY 14221

Buffalo Sleep  
Medicine Center  
Millard Fillmore  
Gates Circle Hospital  
3 Gates Circle  
Buffalo, NY 14209

Southtowns Sleep  
Medicine Center  
4090 Seneca Street  
West Seneca, NY 14224

